

FIXALTO®

Feel the freedom of movement!

StepFIX™

FOOT INSOLES

Multifunctional foot insoles **StepFIX™ Active** and **StepFIX™** are medical devices. They are designed to be worn with various foot disorders or for preventive purposes. The foot insoles provide a firm, semi-rigid support for the transverse and/or longitudinal arch, support the foot and the axis of the leg in a physiological position, evenly distribute pressure across the entire foot surface, and can protect against foot pain or reduce existing discomfort. The heel pocket stabilises the position of the calcaneus, enhancing protection against accidental traumatic movements to the ankle joint.

Active Basic

Active Lateral

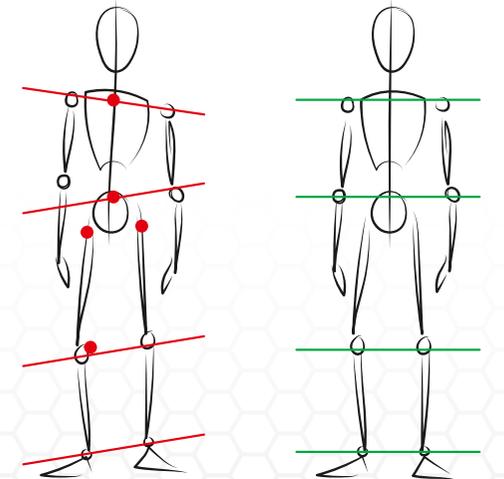
Active Bilateral

Active Complete

Reha

Comfort

Nature



Poor foot alignment
Cause: Dropped Arches/
Flat Feet/ Pronation

Corrected posture
Use: Footwear insoles



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**StepFIX™
Active Basic**

BEST FOR SPORT ACTIVITIES



StepFIX™ Active Basic are ultra-thin in the toe area. Although recommended for active movement and running, they are suitable for preventive use even without foot disorders.

Recommended:

- for longitudinal arch or forefoot pain;
- bursitis, calluses, capsulitis, flat feet;
- for functional therapy of Freiberg infraction;
- metatarsalgia, Morton's neuroma and pronation.

Ideal for sports: active movement, running.

Sizes: 36-50.



**StepFIX™
Active Lateral**

BEST FOR SPORT ACTIVITIES



StepFIX™ Active Lateral stabilise the soles of worn footwear, and promote the movement of the big toe while stabilising the other toes. By directing the front part of the foot inwards (pronation), they reduce the likelihood of ankle joint injury during take-off and landing moments.

Recommended:

- for metatarsal protrusions;
- arthritis of the smaller toe joints;
- pronation for functional therapy and prevention.

Ideal for sports: tennis, squash, badminton, table tennis, football, basketball, horse riding, cycling, skiing.

Sizes: 36-50.



**StepFIX™
Active Bilateral**

BEST FOR SPORT ACTIVITIES



StepFIX™ Active Bilateral stabilise the soles of worn footwear and feature unique stabilisation of the first and fifth metatarsal heads, supporting and restricting the movement of these metatarsal joints without hindering walking.

Recommended:

- for pain in the longitudinal arch;
- arthritis and stiffness of the big toe metatarsophalangeal joint (*Hallux rigidus*, *Hallux limitus*);
- diabetic foot issues;
- for functional therapy and prevention of Morton's neuroma;
- arthritis, hallux valgus, sesamoiditis, flatfoot, forefoot pain.

Ideal for sports: mountain hiking, Nordic walking.

Sizes: 36-50.



**StepFIX™
Active Complete**

BEST FOR SPORT ACTIVITIES



StepFIX™ Active Complete stabilise the soles of worn footwear, limiting the range of motion in the front and middle parts of the foot, thereby eliminating excess loads on these areas.

Recommended:

- for the forefoot pain, capsulitis, bursitis, metatarsalgia for functional therapy;
- arthritis and stiffness of the big toe metatarsophalangeal joint (*Hallux rigidus*, *Hallux limitus*), forefoot protrusions; metatarsalgia;
- cuboid syndrome, treatment of arthritis in the forefoot and midfoot, sesamoiditis.

Ideal for sports: horse riding, cycling, skiing.

Sizes: 36-50.



**StepFIX™
Reha**

BEST FOR PREVENTION AND REHABILITATION



StepFIX™ Reha stabilise the soles of footwear, and specifically shaped soft inserts unload the heads of the second, third, and fourth metatarsals, limit the range of motion in the big toe metatarsophalangeal joint, and absorb shock in this area during push-off, thus reducing pain related to many foot conditions. These foot insoles direct the front part of the foot outward (supination) and correct the axis of the feet if the knees turn inward while walking or running. They come with a transverse arch elevation that helps maintain the anatomical shape of the foot.

Recommended:

- for arthritis and stiffness of the big toe metatarsophalangeal joint (*Hallux rigidus*, *Hallux limitus*);
- gouty arthritis, and rheumatoid arthritis of the big toe joint;
- as well as for persons with an X-shaped leg.

Sizes: 36-47.



**StepFIX™
Comfort**

BEST FOR DAILY LIFE



StepFIX™ Comfort are extremely thin in the toe area. They are created to support the transverse and longitudinal arches in an anatomical position and are recommended for various foot disorders. These foot insoles are an excellent auxiliary tool even for those not complaining of any of the foot issues mentioned earlier – they will serve preventively.

Recommended:

- for the longitudinal arch area or forefoot pain;
- bursitis, calluses, capsulitis, flat feet, and descent of the transverse arch;
- as well as for preventive purposes for these foot disorders.

Sizes: 36-47.



**StepFIX™
Nature**

THERMO COMFORT



StepFIX™ Nature are designed to support the longitudinal arch in an anatomical position and are intended to be worn in various foot disorders or preventively in rubber or winter footwear, as the upper layer is made of sheep's wool, and the lower layer is perforated, ensuring optimal thermal properties and air permeability. Without a transverse arch elevation.

Recommended:

- for the longitudinal arch area or forefoot pain;
- bursitis, calluses, capsulitis and flat feet;
- preventive care for these issues.

Sizes: 36-47.

